The label symply explained

What the bottle label tells you

Just take a look at the bottle label. There you can find all important information about ingredients and effects. Foodstuffs must be labelled in accordance with foodstuff regulations. Even with regard to health claims, the exact text to be indicated on the label is prescribed.How to read the bottle label.Picture
The ammonite represented as a horn of plenty (cornucopia) from where the minerals emerge in abundance.
Brand
Tethys, a Greek titan and sea goddess who gave her name to the primordial Tethys Ocean.

Logo component
Eau sulfureuse iodée naturelle (natural sulfur iodine water)
Description
Drink with natural sulfur iodine water

Ingredients
Natural sulfur iodine water (Switzerland)

Application
1 glass (1dl) per day in the morning before meals.

Coverage of the daily requirement of iodine
1 dl covers 38% of the daily requirement of iodine.

Health claims for iodine
Iodine contributes to **normal cognitive and neurological function.**
Iodine contributes to a **normal energy-yielding metabolism.**

Iodine contributes to **normal functioning of the nervous system.**
Iodine contributes to the **maintenance of normal skin.**
Iodine contributes to **normal production of thyroid hormones and to normal thyroid function**.
Iodine contributes to the **normal growth of children.**

Adopt a varied and balanced diet and a healthy lifestyle.

Average nutritional values per 100 ml
Energy: 0 kJ / 0 kcal
Fat: 0 g
of which saturated fatty acids: 0 g
Carbohydrates: 0 g
of which sugars: 0 g
Protein: 0 g
Salt: 0,09 g
Iodine: 58 µg / 38 %*
*NRV: Nutrient Reference Value
Per bottle (1L) = 10 portions of 1 dl each

Storage and shelf life
Before opening: Store in a cool, dry, odor-free place.
After opening: Close tightly after use. Store at room temperature and consume quickly.

Country of origin, company address
Bottled in Switzerland (Lavey-les-Bains)
Tethys Water AG, CH-8032 Zurich
www.tethyswater.ch

Minimum shelf life
Best before (day/month/year): see bottle bottom

Filling quantity
1 litre

Barcode

Recycling Symbol