

Iodine – drink the sea

Iodine – drink the Tethys sea!

The trace element iodine, which occurs naturally in Tethys, is proven to be healthy and comes from the sunken primordial Tethys Sea. It can awaken the body's own natural powers and strengthen metabolic and organ functions. A glass of Tethys (1 dl) covers slightly more than a third (38%) of the recommended daily intake of iodine.

Why do we need iodine?

The Ordinance of the Federal Department of Public Health on the Information on Foodstuffs stipulates exactly what the wording for health claims should be.

The officially approved **health claims for iodine** are as follows:

- Iodine contributes to normal **cognitive and neurological function**
- Iodine contributes to a normal **energy-yielding metabolism**
- Iodine contributes to normal **functioning of the nervous system**
- Iodine contributes to the **maintenance of normal skin**
- Iodine contributes to normal **production of thyroid hormones** and to **normal thyroid function**.
- Iodine contributes to the **normal growth of children**

We recommend to drink a glass (1 dl) of Tethys daily for your health and well-being.